

HARMONOGRAM REALIZACJI PROGRAMU STUDIÓW STACJONARNYCH PIERWSZEGO STOPNIA

pięćdziesiąt jednostki organizacyjnej Filia w SANDOMIERZU

Kierunek: Kosmetologia, profil praktyczny; cykl kształcenia; od roku akademickiego: 2022/2023

Rodzaj zajęć: grupa I (W-wykład, WS-wykład specjalistyczny) grupa II (C-ćwiczenia, K-konwersatorium, L-laboratorium, P-praktyki, S-seminarium, W-warsztaty) grupa III (PW-projekt własny, E-e-learning)

| Lp. | Przedmiot | kod | forma zał. po semestrze | | | Rozkład godzin | | | | | | | | | | | | | | | | | | | | | | | | Razem godz. | Całkowity nakład pracy studenta | Razem ECTS |
|--|---|------------------------|-------------------------|--------------|--|----------------|-----|----|------|-----------|-----|--------|------|-----------|-----|-----|------|-----------|-----|-----|------|-----------|----|-----|------|-----------|-----|-----|------|-------------|---------------------------------|------------|
| | | | | | | I rok | | | | | | II rok | | | | | | III rok | | | | | | | | | | | | | | |
| | | | | | | 1 semestr | | | | 2 semestr | | | | 3 semestr | | | | 4 semestr | | | | 5 semestr | | | | 6 semestr | | | | | | |
| | | | | | | E | ZO | Z | ECTS | I | II | III | ECTS | I | II | III | ECTS | I | II | III | ECTS | I | II | III | ECTS | I | II | III | ECTS | | | |
| 1. PRZEDMIOTY KSZTAŁCENIA OGÓLNEGO | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Język obcy | 1012.8.KOS1.A1.JO | 6 | 1,2,3,4,5,6, | | | 30 | 2 | | 30 | 2 | | 30 | 2 | | 15 | | 1 | | 15 | | 1 | | 15 | | 1 | 135 | 225 | 9 | | | |
| 2 | Techniki informacyjno-komunikacyjne | 1012.8.KOS1.A2.TIK | 2 | | | | | | | 15 | 1 | | | | | | | | | | | | | | | | 15 | 25 | 1 | | | |
| 3 | Ochrona własności przemysłowej i prawa autorskiego | 1012.8.KOS1.A3.OWPIPA | 6 | | | | | | | | | | | | | | | | | | | | | | | 15 | | 1 | 15 | 25 | 1 | |
| 4 | Przedsiębiorczość | 1012.8.KOS1.A4.P | 6 | | | | | | | | | | | | | | | | | | | | | | | 15 | | 1 | 15 | 25 | 1 | |
| 5 | Etyka | 1012.8.KOS1.A5.E | 1 | | | 30 | 2 | | | | | | | | | | | | | | | | | | | | | 30 | 50 | 2 | | |
| 6 | Psychologia | 1012.8.KOS1.A6.P | 5 | | | | | | | | | | | | | | | | | 15 | 30 | | 3 | | | | | 45 | 75 | 3 | | |
| 7 | Przedmiot w zakresie wsparcia studentów w procesie uczenia się*** | 1012.8.KOS1.A6.PW | 1 | | | 30 | 2 | | | | | | | | | | | | | | | | | | | | | 30 | 50 | 2 | | |
| razem | | | | | | 90 | 6 | | 45 | 3 | | 30 | 2 | | 15 | 1 | | 45 | 4 | 30 | 15 | | 3 | | | | 285 | 475 | 19 | | | |
| 2. PRZEDMIOTY PODSTAWOWE/KIERUNKOWE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Biologia i genetyka | 1012.8.KOS1.B/C1.BG | 1 | 1 | | 15 | 15 | | 2 | | | | | | | | | | | | | | | | | | | 30 | 50 | 2 | | |
| 2 | Biofizyka | 1012.8.KOS1.B/C2.B | 2 | 2 | | | | | | 15 | 15 | | 2 | | | | | | | | | | | | | | | 30 | 50 | 2 | | |
| 3 | Anatomia | 1012.8.KOS1.B/C3.A | 1 | 1 | | 30 | 30 | | 4 | | | | | | | | | | | | | | | | | | | 60 | 100 | 4 | | |
| 4 | Histologia | 1012.8.KOS1.B/C4.H | 1 | 1 | | 15 | 15 | | 2 | | | | | | | | | | | | | | | | | | | 30 | 50 | 2 | | |
| 5 | Fizjologia i patofizjologia* | 1012.8.KOS1.B/C5.FP | 3 | 3 | | | | | | | | | 15 | 20 | 10 | 3 | | | | | | | | | | | | 45 | 75 | 3 | | |
| 6 | Biochemia* / ** | 1012.8.KOS1.B/C6.Bch | 2 | 2 | | | | | | 15 | 20 | 10 | 3 | | | | | | | | | | | | | | | 45 | 75 | 3 | | |
| 7 | Mikrobiologia i immunologia | 1012.8.KOS1.B/C7.MI | 4 | 4 | | | | | | | | | | | | 15 | 30 | | 3 | | | | | | | | | 45 | 75 | 3 | | |
| 8 | Suplementy diety * | 1012.8.KOS1.B/C8. SD | 1 | | | 5 | 30 | 10 | 3 | | | | | | | | | | | | | | | | | | | 45 | 75 | 3 | | |
| 9 | Ziołolecznictwo | 1012.8.KOS1.B/C9.ZI | 3 | 3 | | | | | | | | | | 15 | 30 | | 3 | | | | | | | | | | | 45 | 75 | 3 | | |
| 10 | Higiena | 1012.8.KOS1.B/C10.Hig | 1 | | | 30 | | | 2 | | | | | | | | | | | | | | | | | | | 30 | 50 | 2 | | |
| 11 | Farmakologia | 1012.8.KOS1.B/C11.F | 5 | 5 | | | | | | | | | | | | | | | | | | | | | | 15 | 30 | | 45 | 50 | 2 | |
| 12 | Pierwsza pomoc | 1012.8.KOS1.B/C12.PP | 2 | | | | | | | 15 | 15 | | 2 | | | | | | | | | | | | | | | 30 | 50 | 2 | | |
| 13 | Chemia kosmetyczna | 1012.8.KOS1.B/C13.ChK | 3 | 2,3 | | | | | | 15 | 30 | | 3 | 30 | 30 | | 3 | | | | | | | | | | | 105 | 150 | 6 | | |
| 14 | Receptura kosmetyczna ** | 1012.8.KOS1.B/C14RK | 4 | 4 | | | | | | | | | | | | 15 | 15 | | 2 | | | | | | | | | 30 | 50 | 2 | | |
| 15 | Kosmetologia pielęgnacyjna | 1012.8.KOS1.B/C15.KP | 3 | 2,3 | | | | | | 15 | 30 | | 3 | 15 | 45 | | 5 | | | | | | | | | | | 105 | 200 | 8 | | |
| 16 | Dermatologia | 1012.8.KOS1.B/C16.D | 4 | 3,4 | | | | | | | | | | 30 | 30 | | 4 | 15 | 30 | | 2 | | | | | | | 105 | 150 | 6 | | |
| 17 | Podstawy racjonalnego żywienia z elementami dietetyki* | 1012.8.KOS1.B/C17.PRZD | 1 | | | 15 | 15 | 10 | 3 | | | | | | | | | | | | | | | | | | | 40 | 75 | 3 | | |
| 18 | Kosmetologia upiększająca | 1012.8.KOS1.B/C18.KU | 4 | 4 | | | | | | | | | | | | 15 | 45 | | 3 | | | | | | | | | 60 | 75 | 3 | | |
| 19 | Fizjoterapia i masaż | 1012.8.KOS1.B/C19.FM | 5 | | | | | | | | | | | | | | | | | | 15 | 30 | | 3 | | | | 45 | 75 | 3 | | |
| 20 | Estetyka | 1012.8.KOS1.B/C20.Es | 1 | | | 15 | 15 | | 2 | | | | | | | | | | | | | | | | | | | 30 | 50 | 2 | | |
| 21 | Akty prawne związane z kosmetologią | 1012.8.KOS1.B/C21.APK | 5 | | | | | | | | | | | | | | | | | 15 | | | | | | | | 15 | 25 | 1 | | |
| 22 | Wiedza o kosmetykach | 1012.8.KOS1.B/C22.WoK | 1 | 1 | | 15 | 30 | | 3 | | | | | | | | | | | | | | | | | | | 45 | 75 | 3 | | |
| Przedmioty dyplomowe | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 23 | Projekt indywidualny | 1012.8.KOS1.E23.PI | 5 | | | | | | | | | | | | | | | | | | | | | | | | 30 | 50 | 2 | | | |
| 24 | Seminarium dyplomowe | 1012.8.KOS1.E24.SD | 5,6 | | | | | | | | | | | | | | | | | | | | | | | | 30 | 30 | 9 | 60 | 300 | 12 |
| razem | | | | | | 140 | 150 | 20 | 21 | 75 | 110 | 10 | 13 | 105 | 155 | 10 | 18 | 60 | 120 | 0 | 10 | 30 | 90 | 0 | 9 | 15 | 60 | 0 | 11 | 1150 | 2050 | 82 |
| 3. PRZEDMIOTY DO WYBORU | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Grupa przedmiotów z zakresu: kosmetologia bioestetyczna (I) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1. | Rośliny kosmetyczne i naturalne surowce lecznicze | 1012.8.KOS1.D1.BKEF | 2 | | | 15 | 30 | | 3 | | | | | | | | | | | | | | | | | | | 45 | 75 | 3 | | |

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| 2. | Medyczny makijaż korygujący | 1012.8.KOS1.D2.MMK | 4 | 4 | | | | | | | | | | | 15 | 30 | | 3 | | | | | | | 45 | 75 | 3 | | | | |
| 3. | Specjalistyczne metody masażu leczniczego | 1012.8.KOS1.D3.SMML | 6 | 6 | | | | | | | | | | | | | | | | 15 | 15 | | 2 | | 30 | 50 | 2 | | | | |
| 4. | Fizjoterapia estetyczna | 1012.8.KOS1.D4.FE | 6 | 6 | | | | | | | | | | | | | | | | 15 | 30 | | 3 | | 45 | 75 | 3 | | | | |
| 5. | Medycyna przeciwstarzeniowa | 1012.8.KOS1.D5.MP | 3 | 3 | | | | | | | | | | 30 | 45 | | 5 | | | | | | | | 75 | 125 | 5 | | | | |
| 6. | Podstawy podologii | 1012.8.KOS1.D6.PP | 6 | 6 | | | | | | | | | | | | | | | | 15 | 30 | | 3 | | 45 | 75 | 3 | | | | |
| 7. | Podstawy coachingu w obsłudze klienta | 1012.8.KOS1.D7.PCOK | 5 | 5 | | | | | | | | | | | | | | | 15 | 15 | | 2 | | | 30 | 50 | 2 | | | | |
| 8. | Elementy biofarmacji w kosmetologii | 1012.8.KOS1.D8.EBK | 4 | 4 | | | | | | | | | | | 15 | 15 | | 2 | | | | | | | 30 | 50 | 2 | | | | |
| 9. | Podstawy toksykologii | 1012.8.KOS1.D9.PT | 6 | 6 | | | | | | | | | | | | | | | | | 15 | 30 | | 3 | | 45 | 75 | 3 | | | |
| 10. | Zdrowie publiczne* | 1012.8.KOS1.D10.ZP | 2 | 2 | | | | | 5 | 15 | 10 | 2 | | | | | | | | | | | | | 30 | 50 | 2 | | | | |
| 11. | Diagnostyczna aparatura kosmetyczna | 1012.8.KOS1.D11.DAK | 5 | 5 | | | | | | | | | | | | | | 15 | 15 | | 2 | | | | 30 | 50 | 2 | | | | |
| 12. | Botanika w kosmetologii z elementami fitochemii | 1012.8.KOS1.D12.RKINSL | 1 | 1 | | | | 15 | 30 | | 3 | | | | | | | | | | | | | | 45 | 75 | 3 | | | | |
| 13. | Aromaterapia | 1012.8.KOS1.D13.Ar | 5 | 5 | | | | | | | | | | | | | | | 15 | 15 | | 2 | | | 30 | 50 | 2 | | | | |
| 14. | Wizaż i stylizacja | 1012.8.KOS1.D14.WS | 3 | 3 | | | | | | | | | 30 | 30 | | 5 | | | | | | | | | 60 | 125 | 5 | | | | |
| 15. | Kosmeceutyki | 1012.8.KOS1.D15.Ksmc | 4 | 4 | | | | | | | | | | | 15 | 15 | | 2 | | | | | | | 30 | 50 | 2 | | | | |
| 16. | Estetologia medyczna | 1012.8.KOS1.D16.EM | 6 | 6 | | | | | | | | | | | | | | | | 15 | 30 | | 3 | | 45 | 75 | 3 | | | | |
| 18. | Mykologia i parazytologia | 1012.8.KOS1.D18.MP | 6 | 6 | | | | | | | | | | | | | | | | 15 | 15 | | 2 | | 30 | 50 | 2 | | | | |
| | | | | | 15 | 30 | 0 | 3 | 20 | 45 | 10 | 5 | 60 | 75 | 0 | 10 | 45 | 60 | 0 | 7 | 45 | 45 | 0 | 6 | 90 | 150 | 0 | 16 | 690 | 1175 | 47 |
| Grupa przedmiotów z zakresu: specjalistyczna kosmetologia senioralna (II) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1. | Dermokosmetyki stosowane w pielęgnacji skóry seniorów | 1012.8.KOS1.D1.DSWPSS | 5 | 5 | | | | | | | | | | | | | | | 15 | 30 | | 3 | | | 45 | 75 | 3 | | | | |
| 2. | Charakterystyka leków dermatologicznych * | 1012.8.KOS1.D2.ChLD | 4 | 4 | | | | | | | | | | | 15 | 20 | 10 | 3 | | | | | | | 45 | 75 | 3 | | | | |
| 3. | Odżywianie w modelowaniu ciała w różnych okresach życia | 1012.8.KOS1.D3.OMCwROŻ | 3 | 3 | | | | | | | | | 30 | 45 | | 5 | | | | | | | | | 75 | 125 | 5 | | | | |
| 4. | Suplementacja doustna jako uzupełnienie pielęgnacji skóry dojrzałej | 1012.8.KOS1.D4.SDUPSD | 3 | 3 | | | | | | | | | 30 | 30 | | 5 | | | | | | | | | 60 | 125 | 5 | | | | |
| 5. | Sensoryka i środki zapachowe | 1012.8.KOS1.D5.SZ | 6 | 6 | | | | | | | | | | | | | | | | 15 | 15 | | 2 | | 30 | 50 | 2 | | | | |
| 6. | Towaroznawstwo kosmetyków | 1012.8.KOS1.D6.TK | 6 | 6 | | | | | | | | | | | | | | | | 15 | 30 | | 3 | | 45 | 75 | 3 | | | | |
| 7. | Biologiczne aspekty filozofii człowieka | 1012.8.KOS1.D7.BAFC | 2 | 2 | | | | | 15 | 15 | | 2 | | | | | | | | | | | | | 30 | 50 | 2 | | | | |
| 8. | Farmakoterapia wybranych zabiegów wieku dojrzałego i podeszłego | 1012.8.KOS1.D8.FZWDiP | 5 | 5 | | | | | | | | | | | | | | | 15 | 30 | | 3 | | | 45 | 75 | 3 | | | | |
| 9. | Odnowa biologiczna | 1012.8.KOS1.D9.OB | 2 | 2 | | | | | 15 | 30 | | 3 | | | | | | | | | | | | | 45 | 75 | 3 | | | | |
| 10. | Promocja zdrowia psychofizycznego | 1012.8.KOS1.D10.PZP | 1 | 1 | | 15 | 30 | | 3 | | | | | | | | | | | | | | | | 45 | 75 | 3 | | | | |
| 11. | Laseroterapia | 1012.8.KOS1.D11.Ls | 4 | 4 | | | | | | | | | | | 15 | 15 | | 2 | | | | | | | 30 | 50 | 2 | | | | |
| 12. | Alergologia | 1012.8.KOS1.D12AI | 6 | 6 | | | | | | | | | | | | | | | | 15 | 30 | | 3 | | 45 | 75 | 3 | | | | |

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|--|---|------------------------|-------|---------|----|-----|-----|-----|----|-----|-----|----|----|-----|-----|----|----|-----|-----|----|----|----|-----|-----|-----|-----|-----|----|-----|------|------|-----|
| 14. | Psychodietetyka | 1012.8.KOS1.D14.PschD | 6 | | | | | | | | | | | | | | | | 15 | 30 | | 3 | 45 | 75 | 3 | | | | | | | |
| 15. | Profilaktyka i pielęgnacja powikłań u seniorów leżących | 1012.8.KOS1.D15.PPPuSL | 6 | 6 | | | | | | | | | | | | | | | 15 | 30 | | 3 | 45 | 75 | 3 | | | | | | | |
| 16. | Specjalistyczna podologia senioralna | 1012.8.KOS1.D16.SPS | 6 | | | | | | | | | | | | | | | | 15 | 15 | | 2 | 30 | 50 | 2 | | | | | | | |
| 17. | Mechanizmy procesu starzenia się skóry | 1012.8.KOS1.D17.MPSS | 4 | | | | | | | | | 15 | 15 | 2 | | | | | | | | | 30 | 50 | 2 | | | | | | | |
| razem | | | | | 15 | 30 | 0 | 3 | 30 | 45 | 0 | 5 | 60 | 75 | 0 | 10 | 45 | 50 | 10 | 7 | 30 | 60 | 0 | 6 | 90 | 150 | 0 | 16 | 690 | 1175 | 47 | |
| 4. PRAKTYKI | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Praktyka zawodowa(grupa przedmiotów do wyboru I) | 1012.8.KOS1.D18.pra1 | 2,4,5 | | | | | 260 | 9 | | | | | | 350 | 12 | | 350 | | | | | | 960 | 960 | 32 | | | | | | |
| 2 | Praktyka zawodowa(grupa przedmiotów do wyboru II) | 1012.8.KOS1.D18.pra2 | 2,4,5 | | | | | 260 | 9 | | | | | | 350 | 12 | | 350 | | | | | | 960 | 960 | 32 | | | | | | |
| Razem przedmioty 1-4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RAZEM (grupa przedmiotów do wyboru I) | | | | | | 155 | 270 | 20 | 30 | 95 | 460 | 20 | 30 | 165 | 260 | 10 | 30 | 105 | 545 | 0 | 30 | 75 | 530 | 0 | 30 | 135 | 225 | 0 | 30 | 3085 | 4660 | 180 |
| RAZEM (grupa przedmiotów do wyboru II) | | | | | | 155 | 270 | 20 | 30 | 105 | 465 | 10 | 30 | 165 | 260 | 10 | 30 | 105 | 475 | 10 | 30 | 60 | 475 | 0 | 30 | 135 | 225 | 0 | 30 | 3085 | 4660 | 180 |
| 1. Studenta obowiązują zajęcia z wychowania fizycznego w wymiarze 60 godzin. 2. Studenta obowiązuje szkolenie dotyczące BHP w wymiarze 4 godzin na I semestrze. 3. Studenta obowiązuje szkolenie biblioteczne w wymiarze 2 godzin na I semestrze. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | Wychowanie fizyczne | 1012-8-KOS1-A8-WF | 1,2 | | | 30 | | | | 30 | | | | | | | | | | | | | | 60 | 60 | 0 | | | | | | |
| 9 | BHP | 1012-8-KOS1-A9-BHP | 1 | 4 | | | | | | | | | | | | | | | | | | | | 4 | 4 | 0 | | | | | | |
| 10 | Szkolenie biblioteczne | 1012-8-KOS1-A10-PB | 1 | 2 | | | | | | | | | | | | | | | | | | | | 0 | 2 | 0 | | | | | | |
| 11 | Język polski - lektorat (przedmiot tylko dla obcokrajowców dodatkowo punkty ECTS) | 1012.8.KOS1.B/C25-JPL | 4 | 1,2,3,4 | | 30 | 1 | 30 | 1 | 30 | 1 | 30 | 1 | 30 | 1 | | | | | | | | | 120 | 120 | 4 | | | | | | |

* przedmioty realizowane częściowo w e-learningu

** przedmioty realizowane częściowo w języku angielskim

*** do wyboru jest jeden z przedmiotów wspierających: Zasady zdrowego stylu życia, Psychobiologiczne podstawy mowy ciała

plan studiów przewidziany do realizacji od roku akademickiego 2022/2023

Harmonogram zmieniony Uchwałą nr 14/2024 Rady Filii w Sandomierzu z dnia 25.06.2024 - cz.1 poz.7 zmiana wykazu przedmiotów wsparcia (usunięto przedmiot Praktyczna strona administracji) oraz zmieniona forma zaliczenia zajęć przedmiotu Pierwsza pomoc z egzaminu na zaliczenie z oceną - zmiana obowiązuje od r.akadem. 2024/2025

