**description of the course of study**

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| **Course code** | **0231.8.FILA1P.A07.PW** | |
| **Name of the course in** | Polish | ***Przedmiot w zakresie wsparcia studentów w procesie uczenia się***  ***Biologia komunikacji i relacji międzyludzkich*** |
| English | ***Subject in the field of supporting students in the learning process***  ***Biology of communication and human relations*** |

1. **LOCATION OF THE course OF STUDY within the system of studies**

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| **1.1. Field of study** | English Philology |
| **1.2. Mode of study** | Full-time studies, extramural studies |
| **1.3. Level of study** | 1st level |
| **1.4. Profile of study\*** | practical |
| **1.5. Person preparing the course description** | Małgorzata Makowska, PhD |
| **1.6. Contact** | malgorzata.makowska@ujk.edu.pl |

1. **General characteristicS of the course of study**

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| **2.1. Language of instruction** | Polish |
| **2.2. Prerequisites\*** | Basic information from biology about physiology of a human body, including brain and nervous system as well as communicative skills |

1. **DETAILED CHARACTERISTICS OF THE COURSE OF STUDY**

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| * 1. **Form of classes** | | Conversation class |
| * 1. **Place of classes** | | Branch Faculty in Sandomierz as well as via platforms available at UJK |
| * 1. **Form of assessment** | | Credit with grade |
| * 1. **Teaching methods** | | Elements of the classical lecture, multimedia presentation, explaining problematic issues, discussion, exercises and analysis of multimedia materials, groupwork, individual work, consultations |
| * 1. **Bibliography** | **Required reading** | 1. Pease A., Pease B., *Mowa ciała.* Dom Wydawniczy REBIS, Poznań 2007 2. Wainwright G., *Mowa ciała. Praktyczne wprowadzenie.* 3. http://www.structum.pl/czytelnia-pdf-op/Mowa\_ciala\_Praktyczne\_wprowadzenie\_mowcia.pdf 4. Materials and audiovisual aids provided by the teacher. |
| **Further reading** | 1. Lieberman D.J., *Jak rozszyfrować każdego*. Dom Wydawniczy REBIS, Poznań 2017 2. Mietzel G., *Wprowadzenie do psychologii.* Gdańskie Wydawnictwo Psychologiczne, Gdańsk 2011 3. Iacoboni M., *Mirroring People.* Picador, 2007 |

1. **Objectives, syllabus CONTENT and intended LEARNING outcomes**

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| * 1. **Course objectives *(including form of classes)***   Seminar  ***C1****.* Developing in students those skills and competences which are related to understanding present day knowledge as well as practical guidelines in the area of understanding and using biology of communication and building relationships in everyday life and at work.  ***C2***. Developing in students those skills and competences which are related to understanding physiology of human brain, functioning of mind, body language in communication as well as using this knowledge to improving human relationships, learning, passing examinations and functioning in (social) life and at work. |
| * 1. **Detailed syllabus *(including form of classes)***   Seminar 30 h   1. The structure of a brain and nervous system 2. Functioning of the mind and the body 3. The reaction of the unconscious brain on the system and functioning of body parts responsible for nonverbal communication 4. The biology of interhuman communication 5. Biological basics of behavior during building relationships 6. Ego as a filter in the perception of the world and building patterns of communication 7. Communication vs. language and speech 8. The rules of creative communication in biological strategies of adaptability and survival in the environment 9. Communication in various groups, e.g. family, school, work etc. 10. Brain biological programs based and habit formation 11. Biolinguistics of persuasion and negotiation 12. Biological basics of choosing a life partner 13. The model of relations formed in early childhood – a family triad 14. Presentation of projects prepared by students (2 classes) |

**4.3 Intended learning outcomes**

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| **Code** | **A student, who passed the course** | **Relation to learning outcomes** |
| within the scope of KNOWLEDGE**:** | | |
| W01 | s/he has basic knowledge about health and safety at the workplace, including one’s professional activity and knowledge about key themes in the area of functioning of the human brain, mind, body, communication, building relationships, and body language | FILA1P\_W09  FILA1P\_W10 |
| within the scope of ABILITIES**:** | | |
| U01 | s/he can plan by him/herself one’s long-life learning as well as can use knowledge about body language and biological basics of functioning a human organism as well as communication rules in various life situations | FILA1P\_U15 |
| U02 | s/he develops one’s personal competences and can use one’s knowledge about communication and relationships in everyday life and at work, e.g. during job interviews, public speeches, dates etc. | FILA1P\_U16 |
| within the scope of SOCIAL **COMPETENCE:** | | |
| K01 | s/he participates in cultural life; can choose most effective channels of (nonverbal) communication, ways of building relationships so as to achieve success in private life and at work | FILA1P\_K05 |

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| * 1. **Methods of assessment of the intended learning outcomes** | | | | | | | | | | | | | | | | | | | | | |
| **Teaching**  **outcomes**  ***(code)*** | **Method of assessment (+/-)** | | | | | | | | | | | | | | | | | | | | |
| **Exam oral/written\*** | | | **Test\*** | | | **Project\*** | | | **Effort**  **in class\*** | | | **Self-study\*** | | | **Group work\*** | | | **Others\*** | | |
| ***Form of classes*** | | | ***Form of classes*** | | | ***Form of classes*** | | | ***Form of classes*** | | | ***Form of classes*** | | | ***Form of classes*** | | | ***Form of classes*** | | |
| *L* | *C* | *...* | *L* | *C* | *...* | *L* | *C* | *CC* | *L* | *C* | *CC* | *L* | *C* | *CC* | *L* | *C* | *CC* | *L* | *C* |  |
| W01 |  |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  | ***+*** |  |  | ***+*** |  |  |  |
| U01 |  |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  | ***+*** |  |  | ***+*** |  |  |  |
| U02 |  |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  | ***+*** |  |  | ***+*** |  |  |  |
| K01 |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  | ***+*** |  |  | ***+*** |  |  |  |

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| * 1. **Criteria of assessment of the intended learning outcomes** | | |
| **Form of classes** | **Grade** | **Criterion of assessment** |
| **Seminar (S)\*** | **3** | Knows basic terms from the course related to the structure and functioning of the brain, mind and communication as well as building interhuman relationships. S/he knows the rules underlying the body language. S/he knows the basic rules of biology of communication and relationships in everyday life and at work. Graded credit: project  *Low effort in class (below 60% of the classes)*  *The assignments the student was expected to complete in order to pass (receive graded credit for) the class were assessed and the result fell within the percentage range of 50-59%* |
| **3,5** | Knows selected terms from the course related to the structure and functioning of the brain, mind and communication as well as building interhuman relationships. S/he knows the rules underlying the body language. S/he knows the basic rules of biology of communication and relationships in everyday life, at work and in various life situations, e.g. examination, job interview, customer service, etc. S/he can consciously analyze and interpret body language. Graded credit: project  *Low effort in class (below 60% of the classes)*  *The assignments the student was expected to complete in order to pass (receive graded credit for) the class were assessed and the result fell within the percentage range of 60-69%* |
| **4** | Knows most terms from the course related to the structure and functioning of the brain, mind and communication as well as building interhuman relationships. S/he knows the rules underlying the body language. S/he knows the basic rules of biology of communication and relationships in everyday life, at work and in various life situations, e.g. examination, job interview, customer service, etc. S/he can consciously analyze and interpret body language. Graded credit: project work  *Medium effort in class ( 60% - 89 % of the classes)*  *The assignments the student was expected to complete in order to pass (receive graded credit for) the class were assessed and the result fell within the percentage range of 70-79%* |
| **4,5** | Knows all terms from the course related to the structure and functioning of the brain, mind and communication as well as building interhuman relationships. S/he knows the rules underlying the body language. S/he knows the basic rules of biology of communication and relationships in everyday life, at work and in various life situations, e.g. examination, job interview, customer service, etc. S/he can consciously analyze and interpret body language. Graded credit: project  *Medium effort in class ( 60% - 89 % of the classes)*  *The assignments the student was expected to complete in order to pass (receive graded credit for) the class were assessed and the result fell within the percentage range of 80-89%* |
| **5** | Knows all terms from the course related to the structure and functioning of the brain, mind and communication as well as building interhuman relationships. S/he knows the rules underlying the body language. S/he knows the basic rules of biology of communication and relationships in everyday life, at work and in various life situations, e.g. examination, job interview, customer service, etc. S/he can consciously analyze and interpret body language. S/he knows their psychological and cultural determinants which s/he recognizes and interprets. Graded credit: project work  *High effort in class ( over 90 % of the classes)*  *The assignments the student was expected to complete in order to pass (receive graded credit for) the class were assessed and the result fell within the percentage range of 90-100%* |

1. **BALANCE OF ECTS CREDITS – STUDENT’S WORK INPUT**

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| **Category** | **Student's workload** | |
| **Full-time**  **studies** | **Extramural studies** |
| *NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/* | ***30*** | ***30*** |
| *Participation in classes* | 30 (8 English) | 30 (8 English) |
| *INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/* | ***20*** | ***20*** |
| *Preparation for the classes* | 10 | 10 |
| *Gathering materials for the project* | 10 | 10 |
| *TOTAL NUMBER OF HOURS* | ***50*** | ***50*** |
| ECTS credits for the course of study | **2** | **2** |

***Accepted for execution*** *(date and legible signatures of the teachers running the course in the given academic year)*

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